



Villa Firefly at The BodyHoliday

Overview

Villa Firefly at The BodyHoliday is a lovely five bedroom villa located within this award winning resort on the north west coast of St. Lucia. Not only will you be able to enjoy the privacy of a villa whilst having access to resort amenities, but one of the inclusions is a complimentary daily spa treatment per person per day.

Villa Firefly at The BodyHoliday has four bedrooms located on the upper level, each with en-suite bathroom. The master suite is located on the ground level and also features an en-suite bathroom. All bedrooms are air-conditioned and have king-size beds (some can be configured as twin beds).

Also on the ground floor is a living area and fully equipped kitchen. The rates include a butler who will prepare daily continental breakfast or you can choose to eat breakfast at the resort's restaurant. The living area leads out to a pool terrace where you can relax on a comfortable sun lounger around your private swimming pool and take in the ocean views.

Villa Firefly at The BodyHoliday offers you the chance to enjoy a relaxing holiday with a group of friends in the privacy of a villa yet with all the inclusions you would expect if you were booking a room at The BodyHoliday. Rates include breakfast, lunch, afternoon tea and dinner as well as drinks by the glass.

Restaurants and bars include -

Caribblue Restaurant - Overlooking Caribblue Beach and the Caribbean Sea. Breakfast and lunch are served buffet style. The lunch buffet theme changes daily and includes Mediterranean, Asian, and Mexican choices. An enclosed, air-conditioned buffet is an extension of the main dining room.

A-La-Carte dinner is offered six evenings per week, with a choice of regular items from the Cuisine menu as well as lighter and vegetarian options. There are some menu selections that do carry a supplement. Wednesday evenings feature a sumptuous Caribbean Buffet with steel band musical entertainment. Wine is served with lunch and dinner. The chefs are trained to cater for special dietary requirements such as low fat, low sodium, vegan or wheat allergies on request.

The Wine Salon - A temperature-controlled walk in wine cellar serviced by a sommelier, which showcases The

BodyHoliday's commitment to wine service. It is THE source for information on the resort's full selection of wines. Educational programs and consultations with the wine director and team will be available, plus a very special wine flight program to introduce guests to the extensive wine collection. Guests may enter the wine salon prior to dinner to get the best pairing suggestions for dining.

Tao - The AAA 3 diamond award winning TAO restaurant offers a fusion of East and West Cuisine with authentic oriental flavors and Western influences, and has been included in Condé Nast Traveller's list of the "60 Hottest Tables". TAO is a no-smoking restaurant, open for dinner from 7:00pm to 9:30pm. Reservations are required a maximum of 48 hrs in advance. Some dishes carry a supplemental charge.

Caribblue Windows - The Caribblue buffet area transforms to a cozy, chic and stylish Caribblue Windows on evenings. You get to enjoy a delicious tasting menu with wine paring in air conditioned comfort. Choose to sit and observe the kitchen create your dish at the live action station seating or enjoy the view at the banquet tables along the windows. Open only for dinner with seating at 7:00pm and 9:00 pm respectively.

The Deli - The Deli, open from 10:00am to 4:00pm offers lighter options and specializes in gourmet sandwiches, specialty salads, fresh fruit, vegetable juices and smoothies.

The Grill Pavilion - The Pavilion is a new extension of The Clubhouse which incorporates a buffet, grill and pizza oven in one location. It is a more casual dining alternative. It serves primarily Mediterranean cuisine, including pizzas, calzones, flatbreads, grilled foods and fish. It is open for lunch from 12 pm to 2pm daily and for dinner from 6:30pm to 9pm.

The Clubhouse Bar - The ClubHouse Bar is open from 9:00am to 12:30am and offers alcoholic and non-alcoholic cocktails and beverages including premium brands. It features a custom designed 360 bar perfect for conversation, divine sunsets and easy-viewing of the stage's live entertainment.

The Piano Bar - The air-conditioned Piano Bar opens at 7:00pm daily. It is comfortable and relaxing nightspot beautifully decorated with cane furnishings and antique pieces which stays open until the last guest retires. A pianist entertains nightly (except Wednesday and Friday evenings) using the Baby white Grand Piano, around which is a sit up bar for guests to sip and sing.

There is ample seating areas around the resort including The Clubhouse Lounge which is located at the heart of the resort. It features a combination of contemporary, classic and transitional furniture with an assortment of sofa seating, lounge chairs and tea height tables which allow for flexible use, dining, cocktails and tea.

The Italian Courtyard is a multi-use space replete with aqua pagoda umbrellas and casual white bistro seating. A trickling natural stone fountain with glass mosaic tiles, local stone wall with niches of orchids and lantern- lighting glows at night as a cozy respite from large dining spaces.

For those who enjoy more activity, there is an air-conditioned games room with a library, two flat screen televisions, backgammon, chess and checkered boards etched in wood tables; a pool table and table tennis.

Guests of Villa Firefly at The BodyHoliday can access to 3 resort pools or you may prefer to relax around your private pool.

One of the main attractions of The BodyHoliday is the wellness centre - a beautiful and comprehensive centre of health and well-being. It is here that you go to receive your pampering body treatments designed to relax and rejuvenate both mind and body. A variety of twelve customized treatments are included in the holiday and treatments last 50 minutes.

Please note: Minimum age of 16 years except 8 th April 2019 – 29th April 2019, Summer 27 th May 2019 – 31 st

August 2019, Christmas 21 st December 2019 – 30 th December 2019, Easter 6 th April 2020 – 27th April 2020, Summer 26 th May 2020 – 31 st August 2020 and Christmas 21 st December 2019 – 29 th December 2019 when children aged 12 and over are welcome.

Amenities

Villa Amenities

- ✓ Five bedrooms
- ✓ En-suite bathrooms
- ✓ Air-conditioning in bedrooms
- ✓ Living room
- ✓ Kitchen
- ✓ Indoor dining
- ✓ Patio
- ✓ Private swimming pool
- ✓ Sun loungers
- ✓ TV
- ✓ WiFi

Resort amenities

- ✓ Restaurants
 - ✓ Bars
 - ✓ Tennis courts
 - ✓ Spa
 - ✓ Yoga and Pilates
 - ✓ Group classes
 - ✓ Watersports
 - ✓ Archery
 - ✓ Fencing
 - ✓ Beach volleyball
 - ✓ Games room
 - ✓ Library
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Inclusions

Pool and Beach

- ✓ The villa is not beachfront but it only a short walk to the resorts beachfront location
- ✓ Villa Firefly has a private swimming pool or guests have access to the resort pool.

Inclusions

- ✓ Fencing
- ✓ Watersports (some incur additional charge)
- ✓ Kayaking
- ✓ Windsurfing
- ✓ Lunch
- ✓ Afternoon tea
- ✓ Dinne
- ✓ Yoga, Pilates and
- ✓ Archery
- ✓ Tennis (lessons additional charge)
- ✓ Drinks by the glass
- ✓ Beach Volleyball
- ✓ Breakfast
- ✓ One spa treatment per person per day
- ✓ Fitness classes

Villa Pictures

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